FutureFest is an Earth Day weekend celebration and community brainstorming session. Held in Anacortes on April 21 and 22nd, it offers this special workshop at no charge. All are welcome!

Regenerative Resistance: Facing the Mess We're In Without Going Crazy

Do you ever struggle to feel positive about the future? Join us for an experiential exploration of Joanna Macy's *Work that Reconnects*, a powerful set of practices that allow us to face our overwhelm, fear, and despair, moving through them to a renewed sense of connection and commitment with people and Earth during these challenging times.

This special Sunday-morning workshop will be led by Belinda Griswold, who has led the Work that Reconnects for many years, has helped found training groups for new facilitators, and is a meditation instructor. Belinda lives with her husband, 6-year-old daughter, and sprouting permaculture community on 20 acres of recovering forest on South Whidbey Island.

Sunday, April 22
10:00 a.m. – noon
at the Port Transit Shed Event Center
100 Commercial Avenue, Anacortes

Visit TransitionFidalgo.org/FutureFest